



M and M Forwarding of Buffalo, N.Y. Inc.

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Tonawanda, New York 14151-0888

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DIRECTIONS TO *M AND M FORWARDING*

From **West** – Hamburg, Erie, Cleveland

1. Interstate 90 East to Exit #50 – Interstate 290 (after toll)
2. Take 290 West to Exit #1-A – Delaware Avenue South.
3. After exit ramp proceed under I-290 to Knoche Road. (Mobil Gas Station on right hand side)
4. Take a right turn onto Knoche Road and proceed to the end (Military Road).
5. Right turn onto Military Road and proceed ½ mile North. Military Road turns into Main Street and M and M Forwarding is on the left hand side.

From **East** – Batavia, Rochester, Syracuse, Albany

1. Interstate 90 West to Exit #50 – Interstate 290 (after toll).
2. Take I-290 West to Exit #1-A – Delaware Avenue South.
3. After exit ramp proceed under I-290 to Knoche Road. (Mobil Gas Station on right hand side)
4. Take a right turn onto Knoche Road and proceed to the end (Military Road).
5. Right turn onto Military Road and proceed ½ mile North. Military Road turns into Main Street and M and M Forwarding is on the left hand side.